

Job Shadow Worksheet

Contact: _____

Title: _____

Company: _____

Address: _____

Phone: _____

Fax: _____

E-mail: _____

WWW: _____

How long were you there?	
What did you like most about what you observed?	
What did you like least about what you observed?	
Were you allowed to perform job-related tasks? What did you do?	
How did you feel about the work environment?	

<p>Do you feel that this job would satisfy you? Why or why not?</p>	
<p>What aspect of your job shadow experience stands out most in your mind?</p>	
<p>Will your contact offer you any further assistance with your career development activities?</p>	
<p>How do you think this job shadow has helped you in your career exploration?</p>	
<p>Overall, what was your impression of this career?</p>	